



JUNIOR LEAGUE OF EAU CLAIRE

Women building better communities



SEPTEMBER/OCTOBER 2007

Volume 14, Issue 2

Connections

The Junior League of Eau Claire (JLEC) is an organization of women committed to promoting **voluntarism**, developing the potential of women, and improving the community through the effective action and **leadership** of trained volunteers. Its purpose is exclusively **charitable** and educational.



2007 Head Start and Dental Sealant Days

Thursday, 10/4	Head Start Flynn
Friday, 10/5	Sealants Roosevelt
Thursday, 10/18	Head Start Locust Lane
Thursday, 11/1	Head Start Longfellow
Friday, 11/2	Sealants Altoona
Thursday, 11/15	Head Start Manz
Friday, 11/16	Sealants Augusta
Thursday, 11/29	Head Start North HS
Thursday, 12/6	Head Start Putnam Heights
Friday, 12/7	Sealants Robbins
Friday, 12/14	Sealants Locust Lane
Thursday, 12/20	Head Start Flynn

To volunteer, please contact:
Linda Bohacek, RDH, MA,
Health Care Access/ Healthy Smiles Coordinator
715-835-0112 or at lbrh4pets@charter.net

Early Childhood Cavity Prevention Program

Eau Claire County statistics indicate that 15% of children are living in poverty. These children have very limited access to dental care. In partnership with Healthy Smiles for Wisconsin, Seal a Smile Initiative, the City-County Health Department and the Eau Claire Region Dental Hygienists' Association, Junior League of Eau Claire, and Sacred Heart Hospital, dental sealants are placed on qualifying second graders in Eau Claire County through the Sealants Today for Smiles Tomorrow Program.

Volunteer Activities for Fluoride varnish applications:

- 1) Assist with bringing children to the room or taking them back
- 2) Assist with set-up of supplies
- 3) Charting or recording findings
- 4) Lifting child onto lap and assisting RDH in application
- 5) Talking with children while they wait their turn
- 6) Show children how to brush the teeth of the puppets.

For the Sealant Days, the volunteers go the classrooms and assist the students to the sealant site and then take them back to their rooms when done. The volunteers are there to interact with the students and make them feel welcomed as they wait their turn.

The objectives of this program are to provide dental screening, place dental sealants, and educate parents and children about dental health to help prevent future disease and volunteers are appreciated and needed!

Have you moved?

If you have moved, changed your phone number or email address, please let us know at JLEC@charter.net. We don't want to lose track of you!

A Message from Lindsay

2007 - 2008 theme -- Love In Motion



When I was younger, my mom and I spent so many of our Saturdays shopping. When I found something I wanted to buy, she would ask, "Do you love it?" Well, I didn't exactly love the pink jeans with the zipper ankles like I love my parents, but I think I knew what she meant: if you love something, you will take care of it, spend time with it and enjoy it. I suppose I did love those jeans, and I showed my love until the day zippered-ankle jeans went out of style and it was time to turn them into shorts.

I love Junior League! I know you do, too. You give your time, treasure and talents to this fantastic organization. You attend meetings, participate in committee and attend all the wonderful functions throughout the year. You enjoy your new and old friendships, and the feeling of doing good things for your community. You show your care and concern for JLEC with your ideas, questions and comments (all of which I look forward to hearing!).

As we enter September, a lot is coming up: some interesting, informative and fun General Membership Meetings, Casino Night, the preparation for Kids in the Kitchen and much more! With all of the love and momentum that our members are putting forth, JLEC will never go out of style.

SPANX[®] FUNDRAISING OPPORTUNITY IS BACK!

BY SARA BLAKELY[®]

AJLI is happy to announce that it will partner with SPANX once again this year to offer Junior League members a special limited-time discount on the company's entire product line and a fun fundraising opportunity.

For all purchases made at spanx.com from October 1-31, 2007, you will receive 25% off of your order, and for each order you place, Spanx will donate \$5 back to our League!

This is a great opportunity to try SPANX for the first time, stock up or for gift giving. Spanx, the company that invented Footless Body-Shaping Pantyhose, offers more than 100 products to slim you down, shape you

up, and help you look fabulous in your clothes!

How Does it Work?

* Select any Spanx product(s) to purchase at www.spanx.com.

* When you are ready to place your order, enter our League's unique code "Claire" into the promotion code box found on the last page of checkout and a 25% discount will be applied.

Share our discount code with family, friends and co-workers! For every order placed with our League's code, \$5 will be donated to JLEC!

If you have any questions, please send an email to JLEC@charter.net

2007-2008 BOARD OF DIRECTORS

President.....	Lindsay Jaeger
President-Elect.....	Jill Fenn
Past President.....	Bobbi Giles
VP Community.....	Liz Falkner
VP Communications.....	Joanna Schneider
VP Finance.....	Liz Kennedy-Wiechert
VP Membership.....	Jessica Schreiner-Donnelly
Recording Secretary.....	Jane Davis
Treasurer.....	Susan Jewett

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COMMUNICATIONS

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Historian.....	Susan Jewett
Newsletter Editor.....	OPEN
Newsletter Design.....	Joanna Schneider
PR.....	Kelly Bischoff
Website.....	Joanna Schneider

COMMUNITY

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	Boys and Girls Club Rep
Bullying on Our Schools.....	Susan Jewett
Celebration of Women.....	Liz Kennedy-Weichert
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	Sheri Baemmert
Public Advocacy.....	OPEN
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ECRAC Liaison.....	Jean Hood
	Diane Terry

FINANCE

Casino Night.....	Liz Kennedy-Wiechert
	Jessica Schreiner-Donnelly
Cookbook.....	Emily Madsen
Grant Writing.....	Bobbi Giles

MEMBERSHIP

Bylaws/Advisory.....	Pamela Macal
Membership Handbook.....	Joanna Schneider
Nominating.....	Chris Sniegowski
Party Planner.....	Marianne Klinkhammer
Placement.....	Nicole Lasker
	Tammy Eckert
Provisional Counselor.....	Bobbi Giles
	Jessica Schreiner-Donnelly
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	Jennifer Geurts
Charms.....	Jen Fessenmaier
Sustainer Rep.....	Lynn Stark
	Brenda Wiesenbeck
Volunteer Service Coordinator.....	Pam Macal

Junior League of Eau Claire

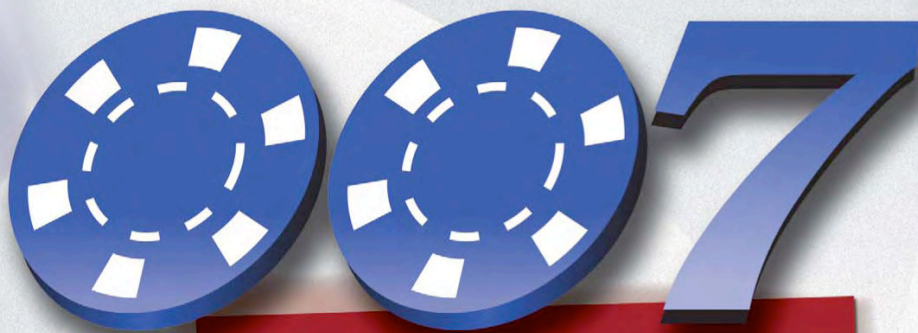
316 Eau Claire St., Eau Claire, WI 54701
715-831-8442

Newsletter Editor: Position open!
Design: Joanna Schneider

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www.juniorleague-ec.org

CASINO NIGHT



An evening that's
licensed to thrill

October 26, 2007 at 7pm - Eau Claire Country Club

IN SUPPORT OF THE JUNIOR LEAGUE OF EAU CLAIRE

Grab your "secret agent"
and find a fabulous
Bond Girl dress!

**Texas Hold'em
Blackjack
Roulette**

**Hors D'oeuvres
Silent Auction
Dancing**

Tickets \$60 per person
Contact Jessica Schreiner-Donnelly
for more information 838-0537
or JLEC@charter.net

All Proceeds To Benefit the
Junior League of Eau Claire

Space is limited.
Advanced reservations required.



**JUNIOR LEAGUE OF
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Noodles & Company to Host Benefit Night For JLEC



Looking for a reason to take the night off from cooking? On Tuesday, November 6th, Noodles & Company will be hosting a benefit night for Junior League of Eau Claire. Bring your family, tell your friends and enjoy a night of dining out where 10% of all sales from 4-6pm will be donated to League!

A week before the event we will have flyers from Noodles & Company to hand out to friends and co-workers. If you would like flyers, please contact Liz Kennedy-Wiechert or email JLEC@charter.net.

Noodles & Company is located at 4653 Keystone Crossing in Eau Claire, across from Oakwood Mall.

Tutti Fruity Popcorn Balls



Difficulty: Easy

Ingredients:

½ cup honey	5 cups fresh popped popcorn
¼ cup brown sugar	½ cup chopped nuts (pecans, almonds, walnuts, or peanuts)
1 tablespoon butter	1 cup whole or chopped dried fruits (cranberries, blueberries, raisins, apples, or apricots)
½ teaspoon cinnamon	
1 teaspoon vanilla	

Directions:

1. Combine honey, brown sugar, and butter in microwave-safe container. Cover with plastic wrap and heat in microwave for 1 to 2 minutes or until mixture is bubbling and steaming hot. Carefully remove honey syrup dish from microwave with the help of your adult chef assistant. Stir in cinnamon and vanilla. Set aside.
2. Put popcorn, nuts, and dried fruit in a large mixing bowl. Pour cooked honey syrup over popcorn and toss with a wooden spoon until you have coated all the pieces of popcorn with honey syrup. Let mixture cool 10 minutes before forming into balls.
3. Now spray your hands with nonstick spray or dampen them with a splash of water. With your hands, take a scoop of popcorn mixture and form a 2 to 3-inch sized popcorn ball. Repeat until you have made all the mixture into popcorn balls.
4. Popcorn balls may be wrapped individually with plastic wrap and stored for 3 to 5 days.

Makes 12 servings.

Nutrition information (serving size: 1 popcorn ball):

Calories: 125	Protein: 1.6g
Fat: 4.4g	Fiber: 1.6g
Saturated fat: 1g	Cholesterol: 3mg
Sugar: 16.5g	Sodium: 51mg



theKitchen

The Kids in the Kitchen program will occur during March 2008, which is National Nutrition Month in the United States and Canada. The first committee meeting is scheduled for Wednesday, September 26th at 7pm at the home of Robin Shih. Please direct your questions, comments, and ideas to the Kids in the Kitchen committee co-chairs Robin Shih at rshih@csstars.com and Sheri Baemert at baemmert@charter.net.

The following are interesting excerpts from The China Study by T. Colin Campbell, Ph.D.:

"Perhaps you've been in classrooms, on playgrounds or at daycare centers and noticed how many kids are already crippled with a weight problem and can't run twenty feet without getting winded."

"Two out of three adult Americans are overweight, and one-third of the adult population is obese."

"Perhaps the most depressing element of our supersize mess is the growing number of overweight and obese children. About 15% of America's youth (ages six to nineteen) are overweight. Another 15% are at risk of becoming overweight.

"Overweight children face a wide range of psychological and social challenges. As you know, children

"Two out of three adult Americans are overweight, and one-third of the adult population is obese."

- T. Colin Campbell, Ph.D.

have a knack for being open and blunt; sometimes the playground can be a merciless place. Overweight children find it more difficult to make friends and are often thought of as lazy and sloppy. They are more likely to have behavioral and learning difficulties, and the low self-esteem likely to be formed during adolescence can last forever. Young people who are overweight also are likely to

face a host of medical problems. They often have elevated cholesterol levels, which can be a predictor for any number of deadly diseases. They are more likely to have problems with glucose intolerance, and, consequently, diabetes. Type 2 diabetes, formerly seen only in adults, is skyrocketing among adolescents. Elevated blood pressure is nine times more likely to occur among obese kids. Sleep apnea, which can cause neuro-cognitive problems, is found in one in ten obese children. A wide variety of bone problems is more common in obese kids. Most importantly, an obese young person is much more likely to be an obese adult, greatly increasing the likelihood of lifelong health problems."

"The solution to losing weight is a whole foods, plant-based diet, coupled with a reasonable amount of exercise."

To learn more and to research ideas from other leagues, please visit Kids In The Kitchen website online at <http://kidsinthekitchen.ajli.org/>. As members of JLEC, you are members of AJLI, so you should log in with your member ID and create your own password for future access.

As always, Choose Healthy Eat Well.

Special Notes...

- Thank you to everyone who helped make the Back to School Project a success!
- Thank you to Jessica Schreiner-Donnelly for hosting the Prospective Member Social
- Congratulations to Jen Losel on the birth of her first child, son Maddox Ellis (7 lbs. 9 oz.) on June 9th.
- Congratulations to Kate Gillette on the birth of her first daughter, Violet Grace Elizabeth (6 lbs. 11 oz.) on July 15th.



Upcoming GMM Schedule Join Us!

September 25, 2007	Children's Museum of Eau Claire
October 23, 2007	Boys and Girls Club
November 27, 2007	Cranberry Cottage
December 2007	No GMM; Holiday Party

6:45 - GMM
7:45 - Refreshments
8 - 8:30 - Program

Save the Date for 007 Casino Night!

October 26, 2007 @ 7 PM

Eau Claire Golf and Country Club



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316 Eau Claire Street
Eau Claire, WI 54701

BACK TO SCHOOL - A MAMMOTH SUCCESS

The 12th annual Backpack Program took place the week of August 13th-16th. It was a wonderful week of hard work that paid off with warm smiles and loads of gratitude from most parents who were able to participate in the distribution on Thursday, August 16th. This year each family who had not come to pickup by 2:00pm was called and reminded of the distribution.

A huge THANK YOU to all who took time out of your busy schedules to help unpack boxes, sort supplies, pack backpacks, count and organize according to grade level, distribute backpacks, make food, take inventory count for next year, and clean up. This is an enormous project needing lots of hands to bring this project to completion each year. Your help was priceless to this project!! Seeing your smiles and busy hands energized us! Kudos to each of you "angels"!

Volunteering mirrored itself in many different ways, as Phyllis Mattson again so graciously called our league members seeking their help and food donations. From those who were not able to volunteer in person, we received numerous checks to purchase food for the volunteers or toward the backpack project. (Thank you!) A few gals made things from our very own Junior League Cookbook to share for lunch and snacks. Tasty!

The total number of backpacks distributed this year reached 1100 for children in Eau Claire, Altoona, Fall Creek, Augusta and Fairchild school districts. Each of these children has an opportunity to start the year with a positive proud feeling carrying his/her brand new backpack filled with new school supplies ready to learn. All it takes is one person believing in a child to make a monumental difference in that child's future! JLEC believes in children and being that difference!

Next year, The Boys and Girls Club of Eau Claire will be taking on half of the responsibilities for this project as they move forward to take on this project totally in the summer of 2010. JLEC will share the co-chair duties with them for this next year. Thus, we need only one person from our League to represent JLEC as co-chair. This is a fabulous opportunity to really make a difference in your community. If you would like to fill this role, please contact Lindsay Jaeger, JLEC president.

Thank you again,
Brenda and Marianne

Back to School
Co-chairs

