

# Connections

November/December 2008 Volume 15, Issue 3

Women building better communities

#### **Chippewa Valley Free Clinic**

The Chippewa Valley Free Clinic, located on 421 Graham Ave., serves patients on a first come, first served basis on Tuesdays. On two Thursdays a month the clinic provides follow up appointments. The first prospective patients usually start showing up around noon even though the clinic doesn't start seeing patients until 6pm. If you drive down Graham Ave. on a Tuesday, you can see people waiting in line, no matter what the weather. The clinic serves anyone in need of care that doesn't have access to other resources. The income limit is 185% of the federal guidelines.

They rely on volunteers to provide the services the patients need. The clinic is very thankful for their volunteers, many of whom come from another job to volunteer in the same capacity in which they work. To make the volunteer experience better, the clinic was in need of a volunteer center which would allow volunteers to have a dedicated space for their belongings and supplies. Last spring, the Junior

League of Eau Claire membership voted to make this possible for the clinic. We also donated enough funds to provide health care for one patient for a year. Brent Hafele, the executive director for the clinic, was very grateful and shared that the volunteers greatly appreciated our donation. The pictures show what the clinic was able to do with the funds provided by League.

Another need of the clinic is providing meals for their volunteers. In this way, the volunteer experience is made easier since most of the volunteers begin showing up right at or before the dinner hour. Susan Jewett, Treasurer for the Junior League of Eau Claire, coordinates this for the clinic. Volunteers provide a meal for 12 individuals. No beverages or utensils are required– just the meal. Some people work together or purchase meals from restaurants. If you are interested in more information or in providing meals please contact Susan at 715-878-4015.



Chippewa Valley Free Clinic—Before



Chippewa Valley Free Clinic—After

For more information on the clinic please visit their website at <u>www.cvfreeclinic.org</u>.

The Junior League of Eau Claire (JLEC) is an organization of women committed to promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively charitable and educational.



Hello JLEC Ladies!

Tis the season for giving thanks and counting blessings. I am reminded during this time of year how many blessings are bestowed upon us daily. As the days and weeks become more and more busy and I become increasingly wrapped up in the "extracurricular" activities of my life it is easy to overlook the good fortune I have experienced. Because of this I try to take a few moments every day to reflect on my blessings; whether it's the joy of watching my daughter discover new things, sharing a laugh with my husband, enjoying a glass of wine with good friends, finishing a big project at work or simply rejoicing in the wind blowing through the trees, it always refreshes me to stop, notice and be thankful for the many blessings I am honored to receive.

We are heading into a busy time of year. Holiday shopping, decorating, family get togethers...the list goes on. It's easy to get busy, stressed and overwhelmed with all the items on our to-do lists and the engagements on our calendars. Now, more than any other time of year, is the time to stop, relax, focus inward and count your blessings.

In the spirit of our journey this year to discovering and experiencing personal growth and development, I hope you'll join us for our November GMM as we focus on finding our center and regaining peace and tranquility during these busy days. On the 25<sup>th</sup> of the month we will be meeting at the L.E. Phillips Senior Center for a business meeting and a Relaxation/Meditation session with Sheri Baemmert. This is a session that promises to help you reconnect and realize the blessings that have been bestowed upon you.

Thank you for the blessings you have brought to me. I have enjoyed each moment of working with you all, watching you discover your hidden potential and experiencing the successes of League with you.

Enjoy the coming season!

Peace, healthy and harmony (blessings too!) ~

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www.juniorleague-ec.org

Jill

#### Member Spotlight—Michelle Facer

Q: Where did you grow up? I grew up in Rochester Minnesota

#### Q: How did you become involved in the Junior League?

I became involved in Junior League to remain a part of the volunteer community. I had been very involved in philanthropic events in college, after college graduation and even in medical school. I had friends who were in various junior leagues around the country and knew it had an excellent reputation for charitable community accomplishments.

#### Q: What committees have you been involved in?

I have been on the Bunco committee, the Casino night committee, the Junior League meeting committee when Eau Claire hosted a meeting with several other Junior Leagues (I can't remember the

correct title), and I have co-chaired a holiday party for Eau Claire County foster children for 4 years with Jen Ropes (up until this year since she moved). This wasn't really a Junior League event per se except one year when we asked for funding, but I am very proud of this event. This event is obviously my favorite as it has been a pet project for a long time. My second favorite event is Casino night especially the 2007 event as it was so much fun and Liz Weichert-Kennedy (along with the help of her committee and the members of Junior League) did a tremendous job and raised a huge amount of money.

Q: What is something we may not know about you?

I love purple!

#### Junior League Shopping Mall

The weather is getting colder and the year is getting older. That can only mean one thing, Christmas is coming! Okay, so an older, colder year does mean more than just the arrival of Christmas, but it is one of the biggest reasons to shop. And why shop 'til you drop when you can get all your lists crossed off by shopping online in your warm cozy home?

The AJLI online shopping mall is still up and running and is bigger and better each year. Target, Best Buy and Border's are just a few of the Eau Claire stores you won't have to battle lines or brave crowded frigid parking lots. Shipping is also available at each site, so the post office is one more place you can avoid this holiday season. Shop at numerous sports stores, toy stores, book stores, and clothing stores. The list is endless! Magazine subscriptions can also be purchased through this site.

A portion of sales from each store in the Junior League Shopping Mall will go the League of your choice. There are no extra fees and the site is very user friendly, so choosing The Junior League of Eau Claire to receive a little kickback from your holiday shopping is easy! Visit the JLEC website and a link is right on the home page. www.juniorleague-ec.org

# Special Notes...

Thanks to the Casino Night committee for putting on a great event that helped to raise money for the many projects that the Junior League of Eau Claire is involved in.

Thank you to Jessica Schreiner-Donnelly, Jill Hecker Fernandes and Schotzie Armstrong for putting together a great Sustainer Luncheon.

Jenny Fesenmeier, Jill Hecker Fernandes, Michelle Facer at Lotus Spa







## Dental Sealant Volunteers Needed

Help is still needed from those who have and have not yet had an opportunity to volunteer. This program is a tremendous undertaking and requires many volunteers. We need dental professionals, staff, and community volunteers tomake this a success. The workday is usually 8:30 a.m. until 11:00 a.m. for Junior League members.

For questions or to sign-up, please contact Linda Bohacek at 715-833-9636 or by email at lbrdh4pets@charter.net

Dental Sealant Volunteer Dates:

•	Friday, Nov. 7th	Meadowview
•	Friday, Nov. 21st	Augusta

- Friday, Nov. 21st
  - Friday, Dec. 5th
  - Friday, Jan. 23.
- Friday, Feb 6th •
  - **Putnam Heights** Locust Lane

Robbins

Manz

Flynn

Sam Davey

Longfellow

Sherman

Fall Creek

- Thurs., Feb. 20th
- Friday, Mar. 6th • •
  - Friday, Apr. 3rd
- Friday, Apr. 17th •
- Friday, Apr. 24th
- Friday, May 8th

# Welcome New Provisionals

Please welcome our new Provisional Class. We kicked off the year with our Fall Provisional Social in September, which was held at Liz Falkner's home. We had a great mix of members, actives and sustainers. Thanks to all who attended and shared your Junior League insight.

This Provisional class is lucky to have two wonderful Provisional Counselors; Liz Falkner and Joanna Schneider. Ladies, thank you for helping us out. Training Sessions will be held at the Eau Claire Golf and Country Club in the lower bar on the following dates.

- Thursday, November 6<sup>th</sup> 6-9pm
- Saturday, November 8th 9-11am

Please contact Liz Falkner or Joanna Schneider to attend either training session.

Please help welcome the new provisionals:

April Dodge Mandy Brash Carrie Groseth Cyndi Postlewaite Dawn King Cheryl Corneiller Kari Byrne Kirsten Holbrook MaryBeth Leibham

Lynda Patrow Michelle Foster Leslie Lyons Stacey Madson-Reuss Vicki Sanders Laurie Boettcher Deanne Morley Michelle Kees Wendy Wells

## **Sustainer Luncheon**

Sustainers and Past Presidents of Junior League and Service League enjoyed the weather of a fall day and a fabulous lunch at the home of Jill Hecker Fernandes at this year's Sustainer Luncheon. Wonderful stories were shared about past projects sponsored by League. The Follies seemed to be a big hit! Maybe we should bring it back! We are looking forward to hosting another event in the Spring.

Thank You to Schotz Armstrong, our Sustainer Representative, for helping plan the event and to Jill for hosting!



Schotzie Armstrong, Kaye Senn, and Brenda Weisenbeck at Sustainer Luncheon

#### Green Goat Salad Recipe

**Courtesy of Jill Hecker Fernandes** 

Mixed baby greens

- 1 can hearts of palm
- 1 can of artichoke hearts
- 1 pint of cherry tomatoes
- 1 cucumber
- 1 red onion chopped
- 1 container goat cheese crumbles
- 1 container pine nuts

Dressing: white wine vinegar olive oil mix both to taste add salt/pepper to taste

Directions: You can mix or layer it. Dressing right before you serve. Enjoy!

NOVEMBER/DECEMBER 2008

## **Big Band Swing Casino Night**

Our second annual Casino Night was a real blast! The evening was filled with lively music and wails of delight from the many winners at the game tables. Vegas Night's Themed parties gave a true "Big Band Swing Casino" feel to the evening and those who were there had a swinging good time. A huge thanks to the following sponsors, donating businesses, and the committee for making this event possible and to our guests, for making this event a success!

\$1,000 \$500 \$200 Take the A Train It Had to Be You Stardust

WQOW TV 18 Leader Telegram Lotus Spa Xcel Energy Noodles & Co. Adalar Floral IFD Warehouse Stores

Mega Foods L&M Mail Service



Scott and Sadie Gunderson with Kristine Morgan Roehrich at Casino Night

Guests enjoyed delicious appetizers served during the cocktail hour of the evening, followed by a roast beef carving station with a potato bar as well as a pasta and salad buffet. Craps, Blackjack and Texas Hold 'Em were among the casino games enjoyed by all that evening. The silent auction was a success thanks to the

generous donations from area communities and equally generous bids from our attendees. This year we had a Martini Raffle, thank you to Lasker Jewelers for providing the prize, and congratulations to Tad Beeksma - winner of the pearl necklace. I am sure it will look nice on him!

The position for Fund Development is still an open placement. If you are interested in signing on for this position, please email Liz Wiechert (VP of Finance) at <a href="mailto:ewdynamo@yahoo.com">ewdynamo@yahoo.com</a>.

## Mitten Tree

In years past Junior League Eau Claire has helped our community by sharing the holiday spirit of giving. I have brought this idea back to the board and am now asking all of you to open your hearts to the many children in our community who are less fortunate.

This year I am creating a mitten tree, the mittens as a symbol of giving hands. Each mitten will have an age group listed allowing you the option to seek out a gift of your choice for donation.

Please consider this as an option, we all know that the world we live in has children and families in need, this world for JLEC is the Chippewa Valley. Let's share our giving spirit this holiday season. I will have mittens ready for choosing at the upcoming GMMs. Please choose a mitten and bring an unwrapped gift to the holiday party on December 12, 2008 at the Eau Claire Golf and Country Club. Monetary donations will also be accepted and gifts will be purchased on your behalf. Thank you for considering this idea. Jill Hecker Fernandes

VP of Community



# November General Membership Meeting

November 25, 2008 Location: L.E. Phillips Senior Center Meeting and Relaxation and Meditation with Sheri Baemmert

Social – 6:30 – 7:00 Business Meeting 7:00 – 8:00 Break 8:00 – 8:15 Activity 8:15 – 9:00



Women building better communities 316 Eau Claire Street Eau Claire, WI 54701

Return Service Requested



# Junior League Holiday Party

The pleasure of your company is requested at the first Holiday party of the season. Please invite your spouse, significant other or a friend to in you in a night of fun, conversation and delicious food with your League friends.

> Friday, December 12th 6:30pm Eau Claire Golf and Country Club

Cost--\$20 per person Heavy appetizers (Cash bar) Please RSVP to Jessica Schreiner-Donnelly by December 4<sup>th</sup> 838-0537 or jlec@charter.net

Advance Payment is preferred please send checks to Jessica Schreiner-Donnelly at 1627 Rust St. , Eau Claire, WI 54701

Join in the **Spirit of Christmas** by bringing an unwrapped gift for a child. All gifts will be given to the Toys for Tots. Monetary donations will also be accepted and gifts will be purchased. Your generosity is a wonderful expression of the **Spirit of Christmas**.