



**JUNIOR LEAGUE OF  
EAU CLAIRE**

*Women building better communities*



SEPTEMBER/OCTOBER 2009

# Connections

The Junior League of Eau Claire (JLEC) is an organization of women committed to promoting **voluntarism**, developing the potential of women, and improving the community through the effective action and **leadership** of trained volunteers. Its purpose is exclusively **charitable** and educational.



## Prospective New Member Social - 9/15/09!

We will be hosting a new member social on Tuesday, September 15, 2009 at 7:00 pm at Marianne Klinkhammer's home! This is your chance to bring a prospective new member and introduce her to the wonderful opportunities that League offers, such as developing their leadership potential, obtaining valuable skills, and utilizing personal development training while serving the needs of the Greater Eau Claire Area. Even if you cannot bring someone, please join us so you can share your favorite stories about JLEC and meet the prospective members.

Please forward any names and information to Kirsten Holbrook at [kirstenmholbrook@hotmail.com](mailto:kirstenmholbrook@hotmail.com) so an invitation can be sent out to the prospective member. Also, past president, Jill Fenn has accepted the position of Provisional Counselor. Thanks Jill! We will also be looking for current members to act as mentors for the provisional class. Please let Kirsten know if you are interested in mentoring a provisional.

### Placement

We still have work to do to make sure active League members have a placement assignment for this coming year. Currently we are looking for the following placement assignments:

Back-to-School Program Co-chairs · Celebration of Women Co-chairs  
Regional Arts Liason · Casino Night chair · Grant Writing  
Sustainer Representatives · Volunteer Service Coordinator

If you are interested in working on one of these committees, please contact Kirsten Holbrook at [kirstenmholbrook@hotmail.com](mailto:kirstenmholbrook@hotmail.com) as soon as possible.

### Have you moved?

If you have moved, changed your phone number or email address, please let us know at [JLEC@charter.net](mailto:JLEC@charter.net). We don't want to lose track of you!

# A Message from Kate



Greetings JLEC members,

I hope you have all had a fun filled summer and are ready to start a new Junior League year! I know I'm looking forward it with excitement and renewed energy and I hope you are as well. We've got some great projects and great plans!

This year we are celebrating our third years for both Casino Night and Kids and the Kitchen and I'm eager for both! We'll have great fun this fall getting dressed up and rolling the dice to raise money for our League's great projects. Later in the year, KITK will be helping children learn about healthy eating and exercise habits - and possibly teaching us a few new ideas as well. These are just two of the many ways that League has for you to get involved and use your talents!

You can volunteer with with Dental Sealants, dish up food at our Community Table night, usher at ECRAC, or serve as a Word Waiter for Literacy Volunteers Scrabble Bee. You can help in so many ways, and I hope you will.

At our GMM's this year, we will have the opportunity to learn about ways we partner with organizations such as ECRAC, Literacy Volunteers, and the Boys and Girls Club. We'll also hear about ways we can build new partnerships, by visiting places such as Trinity Equestrian Center and Feed My People. I'm eager to learn more about these organizations and I hope you'll join us to learn about ways we can become involved - both as a League and individuals!

I am so excited for the year ahead. League is filled with so many enthusiastic, creative, and wonderful women and serving with you is an honor. It promises to be a great year and I look forward to seeing you all!

See you soon,  
Kate

## 2008 - 2009 Spring Banquet

Delicious food and great friends helped us celebrate the end of another busy Junior League year. At the Spring Banquet, the mission was passed from one board and one president to another.

Jill Fenn thanked and praised the outgoing board for their hard work and dedication throughout the many years of service. Outgoing members include Jill Hecker-Fernandes, Susan Jewett, Liz Kennedy-Weichert, Jessica Schreiner-Donnelly, and Joanna Schneider. The gavel was passed from Jill Fenn to Kate Gillett. New board members include Sadie Gunderson, Kirsten Holbrook, Laurie Klinkhammer, Cyndi Postlewaite, and Kathryn Wahl. Jill Fenn will serve as Past President and Rachel Zacho will continue on as secretary. A big thank you to both the past and future board for all of their time and dedication!

Fifteen new members were welcomed to active status bringing our membership total to 98. Let's keep that number growing and our League thriving!

Thanks to all of you who were able to attend and commemorate a great year!

## JLEC Recipe Chosen For AJLI Cookbook!

Exciting news! JLEC's very own Red Pepper Hummus recipe was chosen for the AJLI cookbook, *Junior Leagues In the Kitchen with Kids: Everyday Recipes & Activities for Healthy Living*.

### Red Pepper Hummus

#### INGREDIENTS

- Soak 1 3/4 cups garbanzo beans overnight. Simmer in 6 cups of water for approximately 1 hour or until tender and drain. OR 1 (16 ounce) can garbanzo beans, drained and rinsed
- 1 tablespoon olive oil
- 1/2 cup chopped drained roasted red peppers from jar OR roast your own
- 2 tablespoon tahini
- 1 fresh lemon, juiced or 1 TBSP lemon juice
- 1 1/2 tablespoons water
- 1/2 teaspoon salt
- 1/4 teaspoon ground black pepper
- 2 large garlic cloves, chopped (or 1/4 teaspoon garlic powder)
- teaspoon cumin
- 1 teaspoon coriander (optional)
- 1/4-1/2 teaspoon cayenne (optional)

#### DIRECTIONS

In a food processor or blender, mix the garbanzo beans, olive oil, red bell pepper, tahini, lime juice, water, salt, black pepper, and garlic powder. Blend until smooth. Serve with fresh veggies.

#### NOTES:

For a creamier texture, pour the garbanzo beans into a large bowl of water, and rub them between your fingers. This peels them of their rough outer skin. Skim the floating skins from the water, and drain the peeled beans, proceed with recipe.

#### Roasting Red Peppers

Preheat oven to 400 degrees.

Rinse 1 large pepper and place on a well oiled baking sheet. Place in oven and cook until skin of peppers is charred and bubbly, approximately 35 minutes. Remove from oven and place in a bag or covered bowl for 10 minutes. Peel off skin and remove seeds.

# Early Childhood Cavity Prevention Program

On behalf of the Healthy Communities: Eau Claire, we would like to thank those of you who participated during the 2008-2009 school year. For those who did not have an opportunity to be a part of this program last year, here is an opportunity for you to volunteer this year.

Eau Claire County statistics indicate that 10% of children are living in poverty. These children have very limited access to dental care. In partnership with Healthy Smiles for Wisconsin: Seal a Smile Initiative, the City-County Health Department, the school Districts from Eau Claire Area, Altoona, Augusta, and Fall Creek, the Northwest Wisconsin Dental Hygienists' Association, Junior League of Eau Claire, and Chippewa Valley Technical College Dental Hygiene and Dental Assisting Programs, dental sealants were placed on qualifying second graders in Eau Claire County. During the 2008-2009, 923 children from 15 schools in Eau Claire County received oral health education in conjunction with information for children and parents about the importance of dental sealants. 344 or 42% of all of the second graders qualified (free and reduced lunch statistics) for the dental sealant program with 287 (83%) participating. Of those 287 screened, 236 (82%) received dental sealants with an average 3 dental sealants per child. Of the 94 children needing treatment, 33% had untreated decay; 62 (22%) of the children screened had untreated dental decay with 32 (12%) needing urgent care. Each child with untreated

dental decay averaged at least two primary teeth with dental decay and 1 permanent tooth. Of the 94 children identified as needing treatment, 54 (%) received treatment to date. We had an 8% increase in the number of children participating and anticipate more this year due to the economic downturn.

The goal for this coming school year is to target second graders in fifteen schools that participation in the free and reduced lunch programs. The objectives of this program are to provide dental screenings, place dental sealants, fluoride varnish and educate parents of high risk children about dental health to help prevent future disease.

We are asking for help from those who have, and have not yet, had an opportunity to volunteer by volunteering a day or two this school year. This is a tremendous undertaking and requires many volunteers. When funding comes from grants, objectives must be met or the funds have to be returned. Junior League volunteers may schedule their time by contacting Linda Bohacek. The hours are from 8:30 am until 11:00 or 11:30, depending on how many children participate. Come with a buddy JLEC member. We like to have at least two JLEC members at each site. Your role would be to escort the children to and from the sealant site in the school, interact with the children while they wait their turn, and manage the flow of traffic - very easy. Talk to members who have already volunteered. It is fun and you will feel so good about making a difference.



## 2009-10 Dental Sealant Days

Thursday, 9/24	Altoona
Friday, 9/25	Roosevelt
Friday, 10/23	Northwoods
Friday 11/6	Lakeshore
Friday, 11/13	Meadowview
Friday, 11/20	Augusta
Friday, 12/4	Robbins
Friday, 1/22	Manz
Friday, 2/5	Putnam Heights
Friday, 2/19	Locust Lane
Friday, 3/5	Flynn
Friday, 4/9	Sam Davey
Friday, 4/23	Longfellow
Friday, 4/30	Sherman
Friday, 5/14	Fall Creek

To volunteer, please contact:

Linda Bohacek, RDH, MA,

Health Care Access/

Healthy Smiles Coordinator

715-835-0112 or at [lbrh4pets@charter.net](mailto:lbrh4pets@charter.net)

## Special Notes...

- Thank you to everyone who helped make the Back to School Project a success!
- Thank you to Marianne Klinkhammer for hosting the Prospective New Member Social.
- Congratulations to Kate and Jesse Gillett on the birth of their second child, son Abram (7 lbs. 6 oz.) on June 18th.



# GENERAL MEMBERSHIP MEETINGS

**September 22, 2009**    **Literacy Volunteers**  
**October 27, 2009**      **Boys and Girls Club**

6:30 - 7:00 Social  
7:00 - 8:00 Business Meeting  
8:15 - 9:00 Program

## SAVE THE DATE

### Halloween in Vegas!

October 23, 2009 from 7:00pm - 11:00pm  
Eau Claire Golf & Country Club

*Come in costume, come in formal,  
come as you are... anything goes in Vegas!*

Come join the fun as we spend an evening in Vegas during the Halloween season. Enjoy great food, fun gaming, and dancing music. This year's event is destined to be the best yet. Let's all show our support of Junior League and make our one fundraiser of the year a huge success. Invites to be mailed after Labor Day, and tickets are only \$50/person. Bring your friends and remember... anything goes in Vegas.

If you or your business would like to be a sponsor for the event, or donate an auction item. Please contact Jenny Fesenmaier at 858-0477 or [jennypostlewaite@hotmail.com](mailto:jennypostlewaite@hotmail.com).



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316 Eau Claire Street  
Eau Claire, WI 54701

Return Service Requested

## Rewarding Adult Tutoring Opportunity

Want to be an "everyday" hero to an adult with basic literacy needs? In the Chippewa Valley, more than 10% of the adult community has low literacy skills. This impacts one's employment skills, communication with a child's school, or accurately dispensing medication to family members. Volunteer tutors can make a significant difference!

Become a literacy tutor by attending either our September or October training. The first option is five evenings at Eau Claire's Banbury Place on September 17, 22, 24, 29, and October 1 (5:45pm - 9pm each night). Registration deadline for this option is September 10.

The second option is two sessions at Chippewa Fall's CVTC Campus on October 6 (6pm - 9pm) and October 17 (10am - 3pm) and completion of six online training segments. This registration deadline is September 24. Attendance at all sessions of the training option you select and willingness to work with an adult for 9 - 12 months is required to be an LVCV tutor.

There is no required fee to participate, although a \$25 donation to help cover the cost of training materials is greatly appreciated.

For more information or to register, please contact Cheryl at (715) 834-0429 or email her at [csutter@lvcv.org](mailto:csutter@lvcv.org).



**LITERACY VOLUNTEERS**  
CHIPPEWA VALLEY