



JUNIOR LEAGUE OF EAU CLAIRE

Women building better communities

Connections

engage. encourage. empower... eighty.

March/April 2011

Our fourth year with *Kids in the Kitchen* was empowering! Our cooking and nutrition education programs at the Boys and Girls Club on the Fridays in March received rave reviews. We were delighted to see many familiar faces, as well as several new young cooks eager to get involved for the first time this year.

Scheels again generously donated a bike, which provides a great additional incentive for the kids to participate each Friday. The lucky winner was drawn on the 25th.

Here was the fun-action-and-education packed Kids in the Kitchen schedule:

FRIDAY, MARCH 4 – Laurel Robertson of Dinners On (www.dinners-on.com) presented on Super Foods and Spices. We made Turkey Chili and Oven-Baked Sweet Potato Fries.

FRIDAY, MARCH 11 – Laura Sommer of Just Local Food (www.justlocalfood.com) Healthy tacos.

FRIDAY, MARCH 18 – Trish Cummins and Kim Ayres (www.kimayres.com) Grilled chicken and healthy dipping sauces with a focus on super brain food.

FRIDAY, MARCH 25 – Kristina Beuning of Sunbow Farm (www.sunbowfarm.com)

Each day ended by celebrating with a banana 'ice cream' party. The 'ice cream' is actually made by pressing frozen bananas (and/or frozen strawberries if preferred) into a Champion juicer. HEALTHY AND DELICIOUS! The kids helped work the juicer and expect to serve this delicious treat more and more often at the Club.

We welcome your questions, comments, and ideas! Our goal is to provide ongoing *Kids in the Kitchen* programming beyond Nutrition Awareness Month at the Boys and Girls Club, so everyone interested is invited to share your thoughts and suggestions on how best to maintain a consistent educational presence to better serve the children. Please contact Robin Shih at rshih@csstars.com and Sheri Baemmert at baemmert@charter.net.

To learn more, please visit the website <http://kidsinthekitchen.ajli.org/>.

Thank you all for all you do and for all you are to so many and to me. With great hope, Robin Shih



A Message from KATHRYN WAHL

Dear Membership,

I can't tell you how excited I am to be the incoming President of Junior League next year! Next year will be a fantastic year as we continue our dedication to wonderful longstanding projects like Dental Sealants, while we bring new and exciting projects to the community like the Diaper Bank.

We are fortunate to have a very talented and amazing group of women in our league. I have no doubt our membership is going to continue to grow as more fantastic women in our community learn about Junior League and see how we help Eau Claire as we form lifelong friendships with each other. It is easy to see how our league is celebrating its 80th anniversary this year when I look at all the good we bring to our community and how we enrich one another's lives.



Warmly,

Kathryn Wahl

President Elect

New York, NY—March 21, 2011—**Mary Harriman**, the founder of **The Junior League**, has been cited on the **National Women's History Museum** website for her work in mobilizing women to deal with the problems of the immigrant poor more than 100 years ago, at a time when public assistance was rare.

*Live Authentically
Celebration of Women
Thursday, April 14, 2011
Florian Gardens
For more information*

*go to
www.juniorleague-ec.org
or call
715.717.1600*

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Thank You To Those Who Volunteered At The Community Table On February 18th!!

JL will volunteer in preparing and serving another meal and clean up on April 8, 2011.

There are two shifts 3-5 p.m. or 5-7 p.m. or you can stay the entire shift.

Join us in our mission to feed those in need of a nourishing meal and hospitality!

Are you committed to improving the community?

This is the time of year we start to think about the word "*COMMITMENT*". The nominating committee will soon be calling to ask for your support in filling the slate of officers. Whether it's a VP position, chair, or committee member, they are all important! To work effectively as a team, we need the commitment of each and every member. Are you one of those who will help make things happen?

Bring your thoughts and talents to the table? Do you want to develop your own potential?

Thank you for your continuing *COMMITTEMENT* to the Junior League of Eau Claire and the community.

MISSION STATEMENT:

The AJLI is an organization of Women committed to promoting volunteerism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively charitable & educational.

Each of the JL in 292 communities in Canada, Mexico, the United Kingdom, and the U.S., works to identify local needs and develop programs to meet those needs. Because each League focuses on targeted programming specific to its community, JL can be credited with implementing changes and improving conditions in almost every sector of our society.

General Membership Meetings

March 31, 2011

Camille's Sidewalk Café

1120 122nd Street

Chippewa Falls

6:30 Social & 7:00 Business

April 28, 2011

Riverside Plaza

550 Graham Ave

Eau Claire

Placement Sign-up for 2011-2012

Dental Sealant Volunteer Opportunities:

April 15 & 29, May 5 & 6. Please contact Linda Bohacek at 715.579.5009 or email lbrdh4pets@charter.net to volunteer!

Junior League Trivia

"Who Knows Junior League the Best"

The Kids in the Kitchen program celebrates what anniversary this year?

How many local KITK programs are there? And in how many countries?

Childhood obesity has _____ in the United States over the past 30 years, according to the Centers for Disease Control and Prevention.

1) 6th 2) 200/four 3) more than tripled



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316 Eau Claire Street
Eau Claire WI 54701

Return Service Requested



Literacy Volunteer Scrabble Bee

Scrabble Bee is about having FUN FOR LITERACY! This is Literacy’s largest FUNdraiser and the money goes directly to support literacy programming in the Chippewa Valley.

It’s a team “competition” for groups up to 6 people working with a Scrabble game board and a bag of 100 tiles.

This event will be held on April 7th and JL is looking for 6 people that want to participate in this FUNdraiser event.

Please contact jlec@charter.net to sign up.

“GOOD NEWS” **shout outs** TO LEAGUE MEMBERS

Linda Bohacek is being honored with the Women of Courage, Character, & Confidence Award from the Girl Scouts of the Northwestern Great Lakes on April 4th. Congrats Linda! You are an outstanding example of promoting volunteerism in the community! If anyone would like to attend the banquet, please let JL know and we can get you the information.

Laurie Klinkhammer, Attorney has recently started her own firm with Spangler, Nodolf, Bruder & Klinkhammer, LLC. Congratulations Laurie!!

Great news! Baby Grace Annabelle Baemmert has arrived safe and sound to Sheri and Dan Baemmert. Baby Grace was born on February 2, 2011 weighing 9 pounds and 22 inches long. Congratulations Sheri and Dan!



Thank you to Minuteman Press
for the generous donation of printing this newsletter.