

History:

The Eau Claire Service League was founded in 1935. Over a thousand local women have served the Chippewa Valley community since its inception. In 1993, it affiliated with the Association of Junior Leagues International, renaming itself the Junior League of Eau Claire.

Mission Statement:

The Association of Junior Leagues International, Inc. is an organization of women committed to promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively charitable & educational.

Connections

Women building better communities

JUNIOR LEAGUE OF EAU CLAIRE



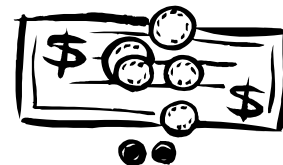
Junior League Endowment Trust Board

Requests for funds to be assessed.

The meeting of the Endowment Trust Board will be held January 21 at 1pm in the conference room at Peoples Bank. Several requests for funds will be reviewed by the trust board. The Endowment Trust currently has a balance of \$35,094.29 and shortly interest will be transferred to the Junior League Endowment Interest Account.



The core of the trust will not be spent but interest is available and moved to the JLEC endowment interest account which currently has a balance of \$6,076.88. Several items that will benefit the community, our mission, and The Junior League of Eau Claire are being reviewed to use some of these funds. Some requests are to assist with the continuance of the Dental Sealant program and another is to help with possible speakers for the annual Midwest Leadership conference our league is hosting in the fall of 2004. We always welcome the input of our league members and will keep everyone



informed on the usage of these funds.

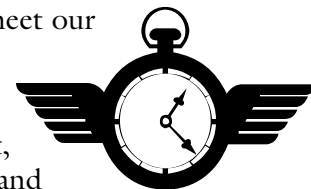
Donella Magadance, Trustee

Jan. GMM focuses on reaching our personal goals.

Mark Jan. 27 at 6:30 pm down on your "to do" list!

Bobbi Jo Toy Schwagel is the owner/lifecoach of Toy Communication and is the director of Porter Place Ministries. She will share her passion and purpose for Porter Place and challenge us to set and meet our goals for the coming year. 6:30pm social, 7:00pm GMM.

Directions: We'll meet in Bobbi's home on the second floor (side entrance) 914 1/2 Porter Ave (near the YMCA, 1 block south of the Syversen Nursing Home). Heading north on State Street, turn left on Barstow, then left on Newton. The building is on the northwest corner of Newton and Porter. Phone 831-1633.



Feb. GMM - Cooking Demo!

Make a reservation for this fun GMM on February 24

Becky Anthony will present a gourmet cooking demonstration for us in her home at 1733 Eagle Lane, located further up the street from Fanny Hill Dinner Theater. Phone 833-1930. 6:30pm social, 7:00pm GMM, cooking demonstration will follow. There is a 35-member limit for this meeting, so please RSVP to Robin Shih 830-1280 rshih@csedge.com by February 20th. There is a \$15 charge for this meeting, payable to JLEC.

January 2004

A joy-filled new year to you all! January marks the time when we traditionally set goals and make resolutions for what we plan to achieve in the next 12 months. With feelings of accomplishment or disappointment (or a little of each), we assess what we did or did not do the past year. Is your goal to reach a certain weight and attain better health? Is it to achieve optimum time management and life balance? Is it to try something new or finally let go of something holding you back? As you ponder your list, be ambitious and resolve to make this year the one that will make the difference. Remember that you are already well on your way to success simply by renewing your commitment to improve the lives of women and children in our community through your involvement in the Junior League.

January also marks the midpoint of our Junior League year. In the past few months, we have already accomplished a great deal: we provided over a thousand children with backpacks filled with the required supplies, we achieved aggressive fundraising goals set to date, we learned and networked at the Midwest Leadership and President-Elect Conferences, we provided supplies to the many women and children in need at Affinity House, we set into full swing the new membership orientation and development, and we fostered many new friendships.

Speaking of friendships, we extend a special welcome to our newest members! The 2003-2004 provisionals include enthusiastic and remarkable women we are eager to know better. As they participate in their provisional class projects and begin their membership in the Junior League, we hope the experience is as rewarding and inspirational as the one active and sustaining members have enjoyed.

May this year bring true happiness, rewarding challenges, personal fulfillment, and peace to you and your family. As always, thank you for all you do and for all you are to so many and to me.

With Great Hope, Robin



"There are only two ways to live your life. One is as though nothing is a miracle.

The other is as though everything is a miracle."

Albert Einstein

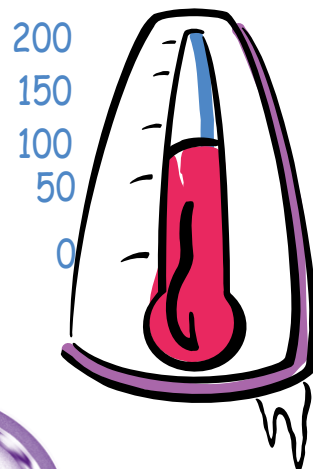


We need to fulfill 200 volunteer hours in exchange for our office space in the ECRAC building. It is an easy and fun way to help the League, and you get to watch the show for free! Please sign up today by calling Jean Hood at ECRAC at 832-2787.

ECRAC Volunteer Opportunities: Jan. & Feb. 2004

| DATE | EVENT | TIME (TO BE AT ECRAC) |
|-------------|-------------------------|-----------------------|
| Jan. 30 | Minn. Ballet Cinderella | 6:30 p.m. |
| Jan. 31 | Minn. Ballet Cinderella | 12:30 pm. |
| Jan. 31 | Minn. Ballet Cinderella | 6:30 pm. |
| Feb. 6, 7 | ECCT Swing | 6:30 p.m. |
| Feb. 8 | ECCT Swing | 12:30 p.m. |
| Feb. 26 | ECCT Honk | 5:30 p.m. |
| Feb. 27, 28 | ECCT Honk | 6:30 p.m. |
| Feb. 29 | ECCT Honk | 12:30 p.m. |
| Mar. 7 | My Way | 2:00 p.m. |
| Mar. 7 | My Way | 6:00 p.m. |

*How are we doing towards our 200 hours?
 ... a little better, but the JLEC year's more than 1/2 over and we are not 50% done!!*



As of press date, we have 122 hours of volunteer time to fill before next summer!

Please sign up!

"Many of life's failures are people who did not realize how close they were to success when they gave up." *Thomas Edison*

Provisionals

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Provisional Training

T raining for Provisional members will be held at 6:00 before the GMM-Jenny Fesenmaier will let you know the details. Please make every effort to attend as training must be completed prior to becoming an active member.

Provisionals and their Mentors Share Ideas

O n December 16th many of the provisional class members, their mentors, and the board had a wonderful dinner at Sweetwaters. It was a great time to share stories and hear about Provisional Projects. Remember Provisional members to choose a provisional project by the next GMM (General Membership Meeting) January 27th. The projects are listed to the right.

2004 Provisional Projects

Safe Place for Newborns Contact Donnie Magadance

Safe Place For Newborns is a non-profit organization, whose mission is to save the lives of newborns in danger of abandonment, and to help preserve the health and future of their mothers. Safe Place for Newborns of Wisconsin is focused at increasing awareness of the WI law which enables any woman on the verge of abandoning her newborn to anonymously turn over her unharmed newborn to any WI hospital, EMT or police officer, without fear of prosecution.

Safe Place for Newborns is looking for support in getting the message out to young women that there are alternatives to abandonment. Support can be financial, printing posters, billboard, curriculum development for high schools, and advertisement. Legwork to communicate the message in our community is also welcomed.

This provisional project would be working with the provisional counselor and Sacred Heart Hospital to determine how JLEC can help spread the word about this important law.

Junior League Annual Midwest Regional Leadership Conference Contact Jen Ropes

The Annual Midwest Conference is a training and networking opportunity for all Junior Leagues that are located in the Midwest (Area IV). The conference includes seminars and workshops that should provide useful resources and develop skills that participants can take home and implement in their own leagues.

This provisional project would be working with the provisional counselor brainstorming, organizing, and coordinating the conference. **The conference is in Eau Claire on Oct 1st thru 3rd of 2004.**

Dental Sealants Contact Linda Bohacek

Done in a day - volunteer for 8 total hrs (can be broken up into more than one day) to help at dental sealant days. See box at left for schedule.

| | | |
|--|---|-------------------------------|
| 2004 Dental Sealant Shifts: | Lakeshore Wed. Jan. 21 | Sherman Wed. April 14 |
| | One volunteer for morning shift and one for afternoon, or one for all day | 2 morning shifts |
| | | Longfellow Thurs. April 29 |
| | | 2 morning shifts |
| morning = 8:30 - 11:30 | Lakeshore Fri. Jan 23 | Longfellow Fri. April 30 |
| afternoon = 12:30 - 3:00 | 2 morning shifts | 2 morning shifts |
| | Lincoln Fri. Feb. 27 | Locust Lane Fri. May 13 |
| | 2 morning shifts | 2 morning shifts |



JANUARY

- 12 Board Meeting
- 27 GMM - Toy Communications

FEBRUARY

- 9 Board Meeting
- 24 GMM - Gourmet Cooking Demo
by Becky Anthony @ her home 1733 Eagle La.
RSVP to Robin Shih for this GMM.
There is a \$15 charge for this meeting.

MARCH

- 1 Editorial Deadline for March Newsletter
- 8 Board Meeting
- 23 GMM - Eau Claire Public Library Arts West 25 - Juried Art Show
and Slate of Officers

APRIL

- 19 Board Meeting
- 27 GMM - PLACEMENT and SILENT AUCTION at River Plaza

MAY

- 3 Editorial Deadline for May News
- 11 End of the Year Banquet @ Eau Claire Golf & Country Club
- 10 Board Meeting
- 25 GMM - Eau Claire Children's Museum



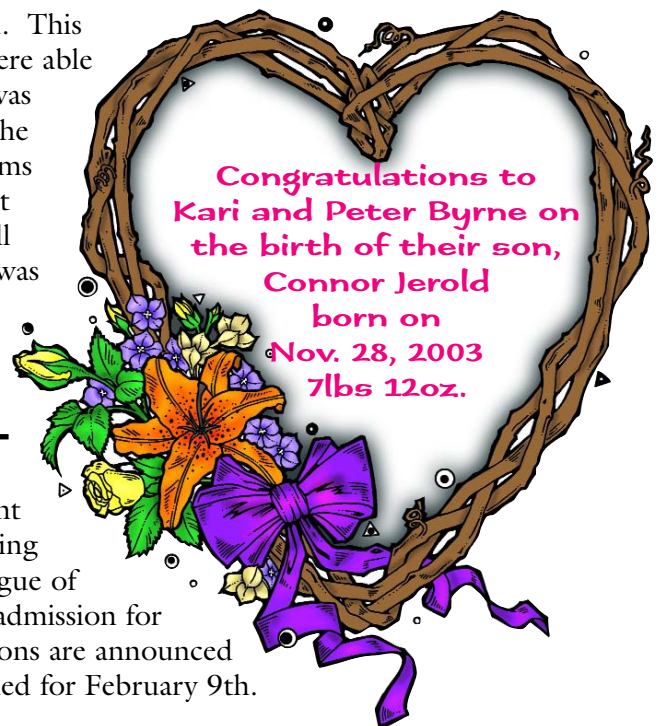
Updated!

Affinity House Holiday Project

Helping women and children in need receives thanks.



Thanks for all Junior League members who packed a special Christmas gift for the 18 women of Affinity House. The packages included personal items such as shampoo, soap, lotion, toothbrush and paste, socks, hats and mittens and other items. The women were surprised and very excited about this Christmas gift. A thanks also for those who supplied toys for these women's children. This made Christmas very special for these ladies who were able to wrap and give their children gifts. Money that was donated was used to purchase a DVD player for the house, and for a holiday party and additional items for the women. Those of us that met the staff at Affinity House were thanked over and over for all that the Junior League did and what a nice thing this was for these women.



Congratulations to
Kari and Peter Byrne on
the birth of their son,
Connor Jerold
born on
Nov. 28, 2003
7lbs 12oz.

Business After Hours

Mark your 2004 calendars for Business After Hours! Business After Hours is sponsored each month by different members of the Chamber of Commerce and is a networking social with appetizers and a cash bar. As members of The Junior League of Eau Claire, you are also members of the Chamber of Commerce, so admission for you is \$5.00. All are welcome. Time is 5:00pm-6:30pm and locations are announced about a month in advance. The next Business After Hours is scheduled for February 9th.

Recipes

Southwest Roasted Red Pepper Bisque^{with Cilantro Cream}

Prep: 25 minutes

Cook: 40 minutes

- 1/3 c. finely chopped fresh cilantro
- 1/4 c. low-fat sour cream
- 2 teaspoons 2% reduced-fat milk
- 1/2 teaspoon salt
- 2 teaspoons olive oil
- 2 cups chopped onion
- 1/2 cup chopped carrots
- 1 1/2 pounds red bell peppers (about 3 large), roasted, peeled, and chopped
- 1 tablespoon tomato paste
- 1/2 t ground cumin
- 1/4 t chili powder
- Dash of ground red pepper
- 2 garlic cloves, minced
- 3/4 c. cooked long-grain rice
- 1/2 c. water
- 2 (10 1/2 oz) cans low-sodium chicken broth
- 1/2 c. 2% reduced-fat milk
- 1/4 t. salt
- 1/8 t. black pepper



1. Combine first 4 ingredients in a small bowl; set aside.
2. Heat oil in a Dutch oven over medium heat. Add onion and carrot; sauté 8 minutes or until vegetables are lightly browned. Stir in bell pepper, tomato paste, cumin, chili powder, ground red pepper, and garlic; cook 5 minutes, stirring frequently. Stir in rice, water, and broth, scraping skillet to loosen browned bits. Bring to a boil; partially cover, reduce heat, and simmer 15 minutes.
3. Place broth mixture in a food processor; process until smooth. Return puree to pan, and stir in 1/2 c. milk, 1/4 t. salt, and black pepper. Cook over medium heat until thoroughly heated (do not boil). Ladle bisque into bowls; top with sour cream mixture.

Yield: 5 servings (serving size: 1 cup bisque with 2 teaspoons sour cream mixture). Calories: 167, Fiber 4.3g, Fat 5.4 g, Carb 26.1 g

Green-Chile Corn Muffins

Prep: 15 minutes

Cook: 30 minutes

- 3/4 c. all-purpose flour
- 3/4 c. yellow cornmeal
- 1/4 c. sugar
- 2 t. baking powder
- 1/2 t. salt
- 2/3 c. fat-free milk
- 2 T. vegetable oil
- 1 large egg, lightly beaten
- 1 (8 3/4 oz) can whole-kernel corn, drained
- 1 (4.5 oz) can chopped green chiles, drained



1. Preheat oven to 400 degrees.
2. Coat 12-cup muffin pan heavily with cooking spray; place in a 400-degree oven for 10 minutes.
3. Lightly spoon flour into dry measuring cups; level with a knife. Combine flour and next 4 ingredients in a large bowl; make a well in center of mixture. Combine milk, oil, and egg; add to flour mixture, stirring just until moist. Fold in corn and green chiles.
4. Spoon batter into 12 muffin cups. Bake at 400 degrees for 30 minutes or until a wooden pick inserted in center comes out clean. Remove muffins from pans immediately; place on a wire rack.

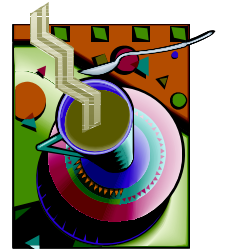
Yield: 1 dozen (serving size: 1 muffin).

Calories 127, Fiber 1.2 g, Fat 3.4 g, Carb 21.6 g

Hot Chocolate Mix

Prep: 5 minutes

- 5 1/2 cups nonfat dry milk
- 1 cup plus 2 tablespoons sugar
- 3/4 c. unsweetened cocoa



Combine all ingredients; store in an airtight container in a cool, dry place.

Yield: 7 1/3 cups (serving size: 1/3 cup)

Calories 161, Fat .6 g, Fiber 0g, Carb 27.3g

Hot Chocolate by the Cup

| # cups | Hot Chocolate | Water | Vanilla |
|--------|---------------|----------|---------|
| 1 | 1/3 cup | 3/4 c | 1/4 t. |
| 2 | 2/3 c. | 1 1/2 c. | 1/2 t. |
| 4 | 1 1/3 c. | 3 c. | 1 t. |

Microwave for 1-3 minutes, depending on # cups and power of microwave. Be careful when removing from oven, use mitt.

Surprise a friend with a gift jar brimming with the mix!

2003-2004

Connections is printed 6 times annually.

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Immediate Past-President.....Donella Magadance

COMMITTEE CHAIRS

| | |
|--------------------|---|
| Bylaws | Linda Bohacek |
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| Nominating | Open |
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| Newsletter | Nicole Lasker |
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| BTS Project | Open |
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EAU CLAIRE

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Eau Claire, WI 54701

